



7631 Wyoming St., Suite 201, Westminster, CA 92683
Tel: (714) 898-0765 • Fax: (714) 898-0610

July 14, 2020

Dear Family Choice Providers:

This memo is a reminder that more than ever your patients need your guidance with respect to testing for COVID-19. Guidelines for testing emphasize symptomatic patients (2-14 days after exposure):

- Primary symptoms may include: fever or chills, cough, shortness of breath or difficulty breathing
- Other symptoms may include: fatigue (feeling tired), muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, or diarrhea

Testing of asymptomatic persons is of limited value as those with close contact to a known case will as a rule still need to quarantine and be excluded from work for 14 days regardless of test result, limiting the utility of testing. Asymptomatic persons who should be prioritized for testing include those who:

- Work or reside in congregate living settings such as skilled nursing facilities, jails, or homeless shelters.
- Work at a worksite with an identified outbreak.

Persons with confirmed COVID-19 infection can have isolation precautions discontinued when their illness improves by three criteria:

- At least 3 days (72 hours) have passed without no fever without the use of fever-reducing medications
- Improvement in symptoms such as cough and shortness of breath; AND
- At least 10 days have passed since symptoms first appeared

We encourage you to resist unnecessary testing as the system is currently in danger of being overloaded. Attached is a list of testing sites in Orange County for your reference.

Testing for Family Choice members with symptoms can also be done in the physician office but must be preauthorized. If criteria are consistent with symptoms outlined above, then CMB will be instructed to send a test kit to the office.

We appreciate your dedication and commitment to Family Choice patients during these difficult times. As always, please feel free to contact myself or Family Choice's Medical Director, Dr. Lowell Gordon at 714-334-4924.

Sincerely,

A handwritten signature in black ink, appearing to read "Toan Tran".

Toan Tran, M.D.

President and CEO

COVID-19 Testing Sites

Family Together of Orange County

Address: Tustin Clinic: 661 W. 1st St. #G Tustin, CA 92780

- Call 714-332-6359 to register for the test
- Available Test: Nasal and throat swab
- Free Testing

Southland Integrated Services

9862 Chapman Ave. #B, Garden Grove, CA 92841

- Call hotline 714-702-3554 for COVID-19 testing. Will only test members who have PCP's recommendation and/or have symptoms
- Available Test: Nasal and throat swab
- Cost: \$100

Orange County Public Health

Phone: 714-834-8180, after hour, call 714-628-7008

- Only test members with symptoms
- Available Test: Nasal swab
- Free Testing

COVID-19 Drive-Thru testing at a CVS Pharmacy near you

1. 12444 Beach Blvd., Stanton Ca 90683 Tel. 714-899-1520
 2. 510 S Beach Blvd, Anaheim, CA 90630 Tel. 714-226-9393
 3. 15520 Goldenwest Street, Huntington Beach, CA 92647 Tel. 714-373-4352
- Members must register in advance to schedule an appointment for COVID-19 testing: www.cvs.com/minuteclinic/covid19-testing
 - Available Test: Rapid COVID-19
 - Free Testing

OPTUMServe – Orange County

1. 1618 W. 1st Street Santa Ana, CA 92706
 2. 8352 Commonwealth Ave. Buena Park, CA 90621
 3. 1215 E. Chapman Ave. Orange Ca 92866
- Members must schedule an appointment online to receive test. If member is unable to schedule online, please call: (888) 634-1123 for all other questions please visit <https://covid19.ca.gov/hotline>
 - Available Test: COVID-19 Test & COVID-19 Antibody

Eligibility: Free testing to California residents meeting California Department of Public Health (CDPH) priority criteria. Insurance will be utilized for people that have coverage, no copayments are required.

MedPost Urgent Care of Cypress

1. 10165 Valley View Street, Cypress Ca 92630 Tel. 714-252-5016
 2. 3851 Katella Ave #100, Los Alamitos CA, 90720 Tel. 562-430-4138
 3. 3195 Harbor Blvd, Costa Mesa, CA 92626 Tel. 714-263-0227
- Testing by appointment only: <https://www.carespot.com/medpost-urgent-care/cypress-ca/>
 - Available Test: Viral (PCR) Test

Eligibility: **Must call or go online for evaluation and testing registration. This site takes most insurance, but individuals must verify with the test site regarding insurance accepted any co-pays that are expected at time of testing.**

UCI Health Orange

1. 101 The City Drive South, Orange, CA 92868 Tel. 714-456-7002

2. 800 N. Main Street, Santa Ana, CA 9270

- **Testing by appointment only:** www.ucihealth.org
- Available Test: Viral (PCR) Test
- Will only test members without symptoms

Eligibility: **Must call or go online for evaluation and testing registration. This site takes most insurance, but individuals must verify with the test site regarding insurance accepted any co-pays that are expected at time of testing.**

SOS Health Center

1. 1014 N Broadway, Santa Ana CA 92701 Tel. 949-270-2100

2. 1550 Superior Ave., Costa Mesa, CA 92627

- **Testing by appointment only:** www.shareourselves.org
- Available Test: Viral (PCR) Test
- Free Testing

COVID CLINIC Westminster Mall

1025 Westminster Mall - Westminster, CA 92683

Text or Call: 424-404-6872

- **For more info:** <https://covidclinic.org/#locations>
- **Pre-test enrollment:** <https://covidclinic.org>
- Available Test: Rapid COVID-19 Test
- Cost: \$150

Anaheim Convention Center Drive-up COVID-19 Testing

800 W Katella Ave Anaheim, CA 92802

Tel. 714-765-8350

- **Testing by appointment only:** <https://360clinic.fulgentgenetics.com>
- Available Test: Viral (PCR) Test

Eligibility: **Testing is available to Orange County residents at no-cost for people who meet Public Health priorities for testing and cannot get a test through their medical provider**

Family Choice COVID-19 Hotline: 800-314-0407